

Parenting with Purpose

From Anxious to Peaceful - Restorative Justice/Discipline - Parenting in the Digital Age - Healthy Sexuality

Please fill out one form per attending family (*child- care will be provided at each event*)

Contact Information

Name	
Contact Email	
Contact Telephone	

Adult Attendees

Name	Food Allergies

Child Attendees

Name	Age	Food Allergies

Dates of Attendance (please indicate attendance with check mark)

Seminar	Seminar Attendance (5.45 -8pm)	Dinner Attendance (5-5.45pm)
February 23		
March 2		
March 9		

There is a one-time registration fee of \$20 per family (dinner included). This can be dropped off with completed form at the info table in the church foyer on Sundays or at the church office Tuesday - Friday from 2.30 to 5pm.

Parenting with Purpose

Seminar Outlines

From Anxious to Peaceful – David and Melissa McVety

Understanding anxiety and how healthy attachments help prevent and reduce anxiety in our children.

Healthy Sexuality- David and Melissa McVety

Parenting in the Digital Age – Mike Cumiskey

Parenting in a digital age comes with heaps of new challenges. Banning tech use, taking away phones, blocking social media - these have been our go to as parents to try and regain control in our homes. But what the big draw for teens and youth to technology anyway? Why the obsession? How do we manage, or better yet, understand this digital age from the perspective of the teenage brain? Let's explore the challenges, propose new ideas, inform on some of the bigger issues and discuss some digital management strategies in our homes.

Restorative Parenting – Mike Cumiskey

How can we love our children so much and yet at times they can make our blood boil? How do we respond when siblings always seem to argue, when tantrums never seem to end, when our kids relationships at school breakdown? Teaching self-advocacy through restorative practises is a tool used worldwide in judicial systems, schools, homes and business. What we may find is it's less about what we do and more about asking the right questions.

Speakers

Melissa McVety - Melissa McVety has a BA in Counselling & Caregiving and a Masters in Marriage and Family Therapy. She is an active volunteer in her community and advocate for healthy relationships.

David McVety - As a Pastor since 2001, with a BA in Counselling & Caregiving and a Masters in Leadership, David McVety is particularly passionate about inspiring men to be devoted husbands, loving fathers and respected leaders in their communities and churches.

Mike Cumiskey - Mike Cumiskey serves as the Vice Principal of Student Life and Discipline at Abbotsford Christian Secondary School. With his wife Amy, Mike tries to keep up with the wrestling, running, laughing, eating, and sometimes sleeping that comes with being a father of four boys. Having served as a youth pastor, director of youth programming at Back to the Bible Canada and as a professional educator, Mike has a passion for working with children, adolescents, teens and families and aims to bridge the generational gaps with practical ideas and strategies that can be integrated in the home.